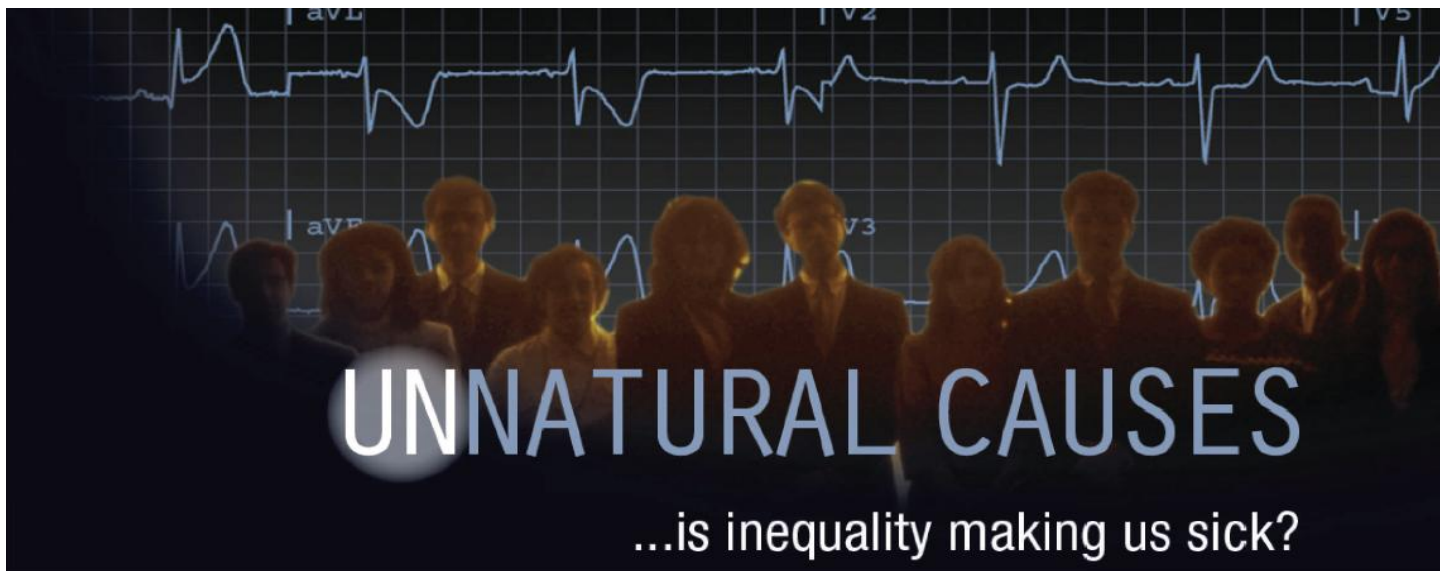


Compared to other countries, the U.S. has the greatest income inequality – and the worst health.



In Sickness and in Wealth

one hour DVD with discussion questions

What are the connections between healthy bodies, healthy bank accounts and skin color? Our opening episode travels to Louisville, Kentucky, not to explore whether medical care cures us but to see why we get sick in the first place, and why patterns of health and illness reflect underlying patterns of class and racial inequities. The lives of a CEO, a lab supervisor, a janitor, and an unemployed mother illustrate how class shapes opportunities for good health. Those on the top have the most access to power, resources and opportunity – and thus the best health. Those on the bottom are faced with more stressors – unpaid bills, jobs that don't pay enough, unsafe living conditions, exposure to environmental hazards, lack of control over work and schedule, worries over children – and the fewest resources available to help them cope.

The net effect is a health-wealth gradient, in which every descending rung of the socioeconomic ladder corresponds to worse health. And it's not just the poorest among us who are suffering, but the middle classes too. Louisville Metro Public Health Department data maps reveal 5- and 10-year gaps in life expectancy between the city's rich, middle and working-class neighborhoods. We also see how racial inequality imposes an additional burden on people of color.

30 minute sections – each set in a different ethnic/racial community, providing a deeper exploration of how social conditions affect population health and how some communities are extending their lives by improving them.

When the Bough Breaks

Becoming American

Bad Sugar

Place Matters

Collateral Damage

Not Just a Paycheck

For a description of each episode, visit www.unnaturalcauses.org



TheHEALTHTrust

To arrange for a screening of any one or more of the programs **at your parish**, contact Elizabeth Lilly, elilly@CatholicCharitiesSCC.org or 408-325-5262